

**POSSIBLE VENUES FOR BECCLES u3a INTEREST GROUPS.**  
 (Details Correct as of January 2024. Inform the committee of any changes.)

<b>Venue &amp; First Aid Kit Locations</b>	<b>Contact: Name &amp; email Address</b>	<b>Telephone</b>
1. Quaker Hall. First aid kit in the kitchen.	Sarah Wicks.	07976 716563
2. Quaker House Meeting rooms. First aid kit in ground floor kitchen.	Brenda Hayward. <a href="mailto:hirings@becclesquakers.org.uk">hirings@becclesquakers.org.uk</a>	01502 712379
3. Waveney Centre. First aid kit on left side of wall at hall entrance to kitchen. Defibrillator at main hall exit door.	Phil Love. <a href="mailto:phil.love@accessct.org">phil.love@accessct.org</a> <a href="mailto:wavcenbec@outlook.com">wavcenbec@outlook.com</a>	01502 712473  07748 019156
4. St John Ambulance Hall, Blybergate. First aid kit in the kitchen, next to fridge.	Candi Turner (Deputy town clerk). <a href="mailto:candi.turner@becclestowncouncil.gov.uk">candi.turner@becclestowncouncil.gov.uk</a>	01502 712109
5. Hungate Church -3 rooms, Church Hall, Canopy Theatre and Garden Room. First aid kit on wall above washbasin in kitchen. Defibrillator at entrance.	Julie Reid. <a href="http://www.hungatechurchbeccles.org.uk">www.hungatechurchbeccles.org.uk</a> <a href="mailto:julie@hollybarn.com">julie@hollybarn.com</a>	01502 475245
6. Public Hall, Beccles. First aid kit on wall in kitchen.	<a href="mailto:info@becclespublichall.com">info@becclespublichall.com</a>	01502 712382
7. Bear and Bells function room. First aid kit in the kitchen.	Jemma Elfin. <a href="mailto:thebearandbells@gmail.com">thebearandbells@gmail.com</a>	01502 819266
8. Fox & Hounds, Ravensmere. First aid kit under the Bar.		01502 716173
9. Caxton Club, Gaol Lane, Beccles. First aid kit by kitchen. Defibrillator outside (Pin code is in the club).	Paul Sturman. <a href="mailto:info@becclescaxtonclub.co.uk">info@becclescaxtonclub.co.uk</a>	01502 712829
10. The Club at 2. London Road, Beccles. First aid kit is behind the bar.	Sarah Coe. <a href="mailto:theclubbeccles@yahoo.co.uk">theclubbeccles@yahoo.co.uk</a>	01502 713535
11. Beccles Library 1 small and 1 larger room. First aid kits in kitchen and behind counter. Defibrillator on wall at car park entrance.	Sharon Chapman. <a href="mailto:Sharon.chapman@suffolklibrary.co.uk">Sharon.chapman@suffolklibrary.co.uk</a>	01502 442820

12. St Michaels Church- Undercroft (includes use of kitchen). <b>First aid kits in kitchen and server at rear of church.</b>	Rev. DoreenPage. <a href="mailto:becclesparish@gmail.com">becclesparish@gmail.com</a>	01502 716370
13. Fortrey Heap Hall, North Cove. <b>First aid kit is in the kitchen. Defibrillator is on outside wall.</b>	Andrew Hamp. <a href="mailto:Fortreyheapvillagehall@gmail.com">Fortreyheapvillagehall@gmail.com</a>	07853 866863
14. Scout and Guide Halls, Beccles. <b>One first aid kit in each hall. Defibrillator inside the entrance.</b>	Colin Hardman. <a href="mailto:colinlisasophiechloe@hotmail.co.uk">colinlisasophiechloe@hotmail.co.uk</a>	01502 715145
15. St Luke's Church Rigbourne Hill Beccles. 1 Large room which divides into 2. <b>First aid kit on wall in kitchen.</b>	Rev. Doreen Page. <a href="mailto:becclesparish@gmail.com">becclesparish@gmail.com</a>	01502 716370
16.The Railway Station Beccles. 2 rooms available, <b>both have first aid kits. Defibrillator at entrance.</b>	Pauline Roberts. <a href="mailto:info@becclesstationcafe.co.uk">info@becclesstationcafe.co.uk</a>	01502 523442 07544 038313
17.Salvation Army Hall Beccles. <b>First aid kits in the kitchen and the rear lobby.</b>	Harry Woods. <a href="mailto:beccles@salvationarmy.org.uk">beccles@salvationarmy.org.uk</a>	01502 713235 07470 498336
18. Mutford Village Hall. <b>First aid kit in marked wall cabinet in side room by kitchen. Defibrillator on wall near front entrance.</b>	Kim Simson (bookings). Roy Hurrell. <a href="mailto:richardkim34@btinternet.com">richardkim34@btinternet.com</a>	01502 475251 01502 476707
19. Ringsfield Village Hall. <b>First aid kit in the kitchen. Defibrillator is on outside wall.</b>	<a href="http://www.ringsfieldandweston.onesuffolk.net">www.ringsfieldandweston.onesuffolk.net</a> Mandy.	01502 712701
20. Gillingham Village Hall. <b>First aid kit in labelled cupboard in kitchen. Defibrillator on outside wall by car park.</b>		07395 958210
21. Sea Cadets, Hall, Beccles Quay. <b>First aid kit and defibrillator in quartermasters lobby in main hall.</b>	<a href="mailto:becclesseacadets@hotmail.com">becclesseacadets@hotmail.com</a>	01502 711858
22.Seasons Health Club, Fen Lane, Beccles. <b>First aid kits: one on wall left of doors to gym, one in upstairs kitchen above sink.</b>	Simon Cook. <a href="mailto:spaceatthequay@gmail.com">spaceatthequay@gmail.com</a>	01502 470999
23. Sir John Leman School (The Venue). <b>First aid kit in manager's office outside main sports hall.</b>	<a href="mailto:thevenue@sirjohnleman.co.uk">thevenue@sirjohnleman.co.uk</a>	01502 712039

<p><b>24. The Hive Life Church (Opposite Beccles Tesco). First aid kits: one in the kitchen, the other in the church office.</b></p>	<p><b>Nigel Mann.</b>  <a href="mailto:hello@lifechurchbeccles.org">hello@lifechurchbeccles.org</a></p>	<p><b>01502 558501</b></p>
<p><b>25. Men's Shed:</b>  <b>Their staff are on site and available for first aid treatment.</b></p>		<p><b>07895 972309</b></p>

**First aid kits are generally found in a kitchen and they should be available for use within 60 seconds of an accident.**

**First aid kits should have their contents checked every 3 months and be completely replaced every three years.**